



Pre-Season Activity Approval Form

Minnesota High School Cycling League
1036 Creekview Ln.
Belle Plaine, MN 56011
612-524-7445
www.minnesotamtb.org

During the pre-season period teams are allowed to have up to six (6) scheduled activities (bike checks and/or fits, mechanical work shops, fun rides, or skills clinics). These activities must be pre-approved by the League Director. Please send the following information to the League Director at least five (5) days in advance of the first activity. Thank you.

1. Team Director Name: _____ Phone/email: _____
2. Team Name: _____
3. Dates of each activity:
 - a.
 - b.
 - c.
 - d.
 - e.
 - f.
4. Description of each activity (what, where, how far, etc.) (attach more sheets if necessary):
 - a.
 - b.
 - c.
 - d.
 - e.
 - f.
5. Number of adults expected at each activity:
6. Number of students expected at each activity:
7. Do you have current NICA waivers for all student and adults?
8. Are all adult riders joining club/team rides licensed by NICA? (General Volunteer, Ride Leader, Assistant Coach or Head Coach). NICA requires that all adults regularly participating in sanctioned rides hold NICA licenses. Adults without licenses are not insured. _____

Once completed, e-mail it to joshua@minnesotamtb.org for approval.