



COVID-19 TTC Activity Considerations

Each event should have a contingency plan in place to cancel an in-person activity.

TTC Program Options

- Postponement
- Virtual TTC - online education of SAs; SAs can present or educate others to complete activities; SAs can connect with others virtually to learn more about advocating for MTB
- Scale down participant numbers
- Run multiple TTC activities concurrently but separated in small groups - staff and resources?

Completing activities while social distancing

- Speak
 - Social Media Posting
 - Conduct Team Education
 - Provide Input to mapping
 - Writing letters on land use matters
 - Attend/Speak at public meetings
- Serve
 - Build relationships with local trail groups - Contact ttc@minnesota.org if you need help establishing contact with any groups
 - Build relationships with land managers
- Ride
 - Research and present how people safely use bikes for transportation
- Respect
 - Treating the environment with respect and kindness
 - Treating others with respect and kindness
 - Building a strong connection with the environmental community
 - Teach others how to show respect for the environment and community
 - Developing positive community relations
 - Expand on relationships

Develop robust health system for in-person activities

- Identify risks to participants, staff, and league
- Which participants or staff with medical issues will be a concern for the event
- Frequently wash hands or use hand sanitizer if adequate water isn't accessible
- Frequently clean and disinfect all tools and surfaces
- Avoid sharing equipment and disinfect any equipment that must be shared
- Communication plans with your local health department



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- Information requested on PZ health forms
- Medical staffing for the event
- Event health management protocols and standing orders
- Communication plan with parents
- Keep roster of all attendees with intention to share roster with health officials for contact tracing if needed (This includes any and all who are present at camp including non-NICA people)

Communications:

Steps:

1. Slow down
2. What do we really know
3. Work backwards from worst case

Script and share; If this - then that examples:

1. If guidance changes, we will adapt our schedule
2. If we adapt our schedule, we will email you

Resources

- [NICA Electronic and Virtual Communication Guidelines](#)
- [NICA-wide COVID-19 Recommendations](#)
- [Return to Play Team Activity Assessment Tool](#)